

# Skin Deep & Beyond Medical and Day Spa

## Contraindications for Microneedling:

We will not list all of the health conditions that may apply, but if you have immune system issues related to a disease, it is best to get your doctor's approval before starting the procedure. These may include:

Active Acne

Herpes labialis or any other local infection such as warts

Moderate to severe chronic skin disease such as eczema and psoriasis

Extreme keloidal tendency

Accutane within 6 months

Blood clotting problems

Platelet abnormalities

Anticoagulation therapy

Facial cancer, past or present

Chemotherapy/radiotherapy

Steroid therapy

Diabetes and other chronic conditions

Pregnant or nursing

Fungal or bacterial infection

Must stop using retinols 7 days in advance of treatment and must not start using for 7 days afterwards

It is not recommended to have microneedling until at least 2 weeks after neuromodulators like Botox or Jueveau and at least 4 weeks after any fillers

It is recommended to wait at least 2 weeks after facials treatments such as waxing, laser hair removal, IPLs, chemical peels, and Fraxel.