

## **PLATELET RICH PLASMA POST TREATMENT INSTRUCTIONS**

### **Complications**

Risks of those treatments include: no improvement or worsening of my condition, headache, increased heart rate, fainting, visual difficulties or shortness of breath.

Post treatment complications most commonly include: headache(s), mild skin redness. Serious complications include infection at needle insertion point(s) & fever. Please contact 2BWell as soon as possible if you are concerned about symptoms you have developed. Please visit an urgent care facility or the emergency room if necessary.

### **Benefits**

The possible benefits include increased hair growth on the scalp resulting in increased hair thickness & texture.

Generally hair regrowth results are seen within 6 months, however, this timeline will depend on your age & how long your hair has been thinning. Not everyone responds to PrP injections for hair regrowth.

### **Treatment Series**

Next injections due one month after initial injections, monthly thereafter for 3-4 months. It is recommended to repeat PrP injections (maintenance) at least every 6-12 months to prevent further thinning.

After 3-4 treatments, we will take the second round of photographs for tracking treatment efficacy.